

WAKE 'N SHAKE

Goldfield Infants' &
Nursery School



Following the success of our Sport Relief pre-school workout, we are now launching a Friday morning 'Wake & Shake' routine!

This will take place at 08:45 every Friday morning on the Reception playground, and will be led by our Year 2 'Wake & Shake Team'. The children have been practising the routine in PE so should be familiar with some of the moves.

We encourage all pupils, siblings, parents and carers to join in!

The routine will be changed every half term. Please arrive early and join us in waking up our bodies and our brains!

