

resourcefulness



self-efficacy



reaching out to others



problem Solving



My Strengths

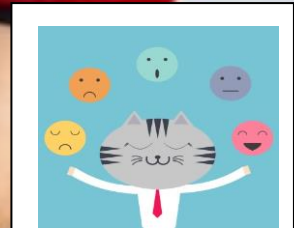


LIFE IS:

WHAT HAPPENS TO ME

WHAT I MAKE HAPPEN

responsibility



managing

emotions

Resilience